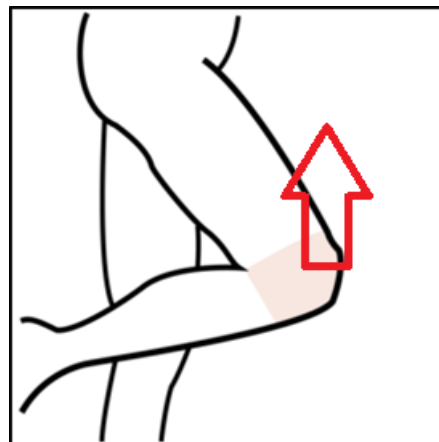
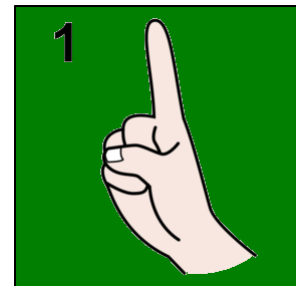
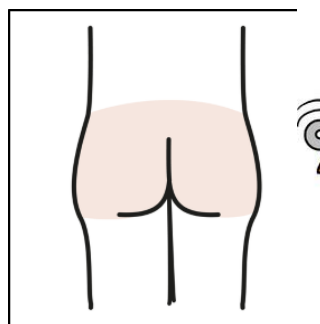
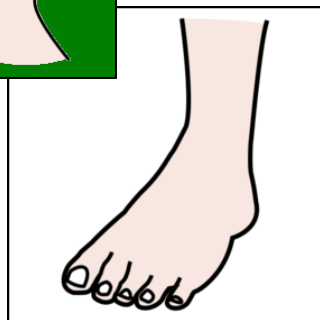
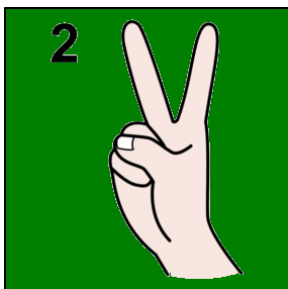


TERCERA CLASE DE PATINAJE



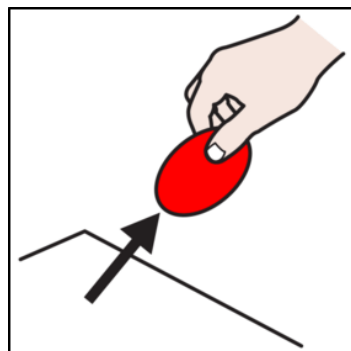
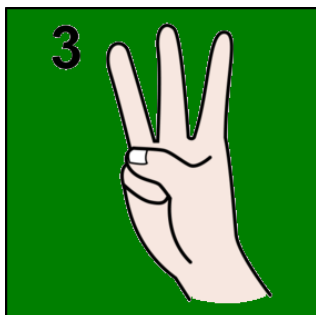
20

SUBO LA RODILLA 20 VECES

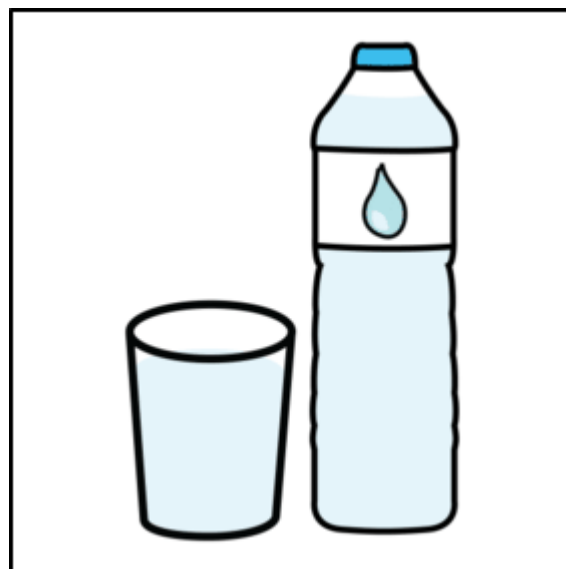
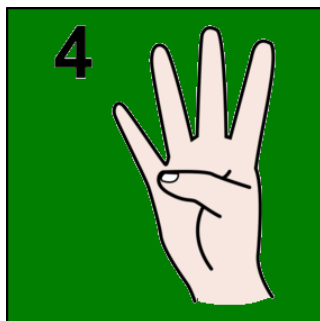


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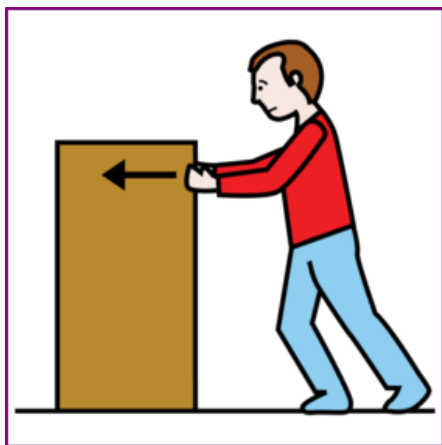
LEVANTO EL PIE AL CULETE



15

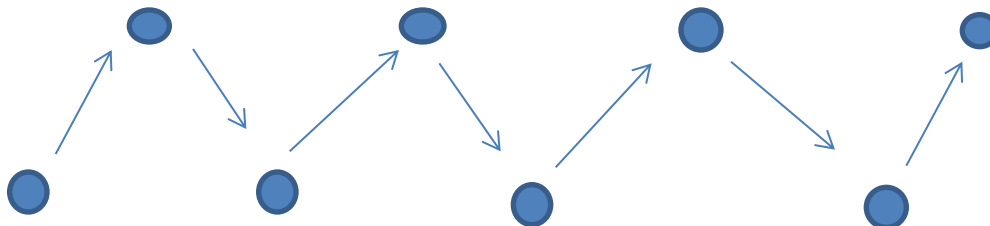
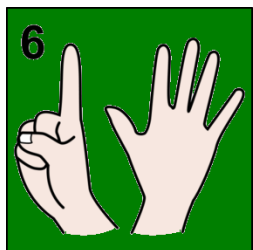


RECOJO 15 PIVOTES. CUARTO, BEBEMOS AGUA

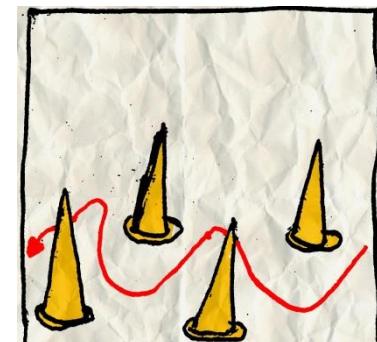


10

EMPUJO EL CULETE DEL COMPAÑERO DIEZ VECES.

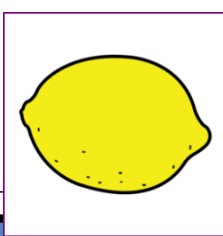
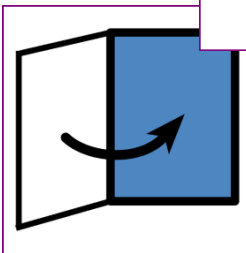
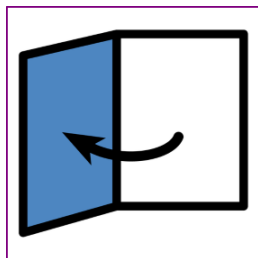
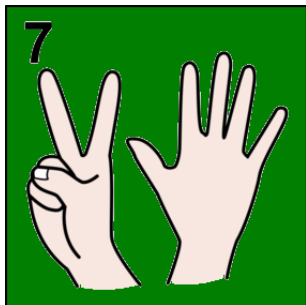


3

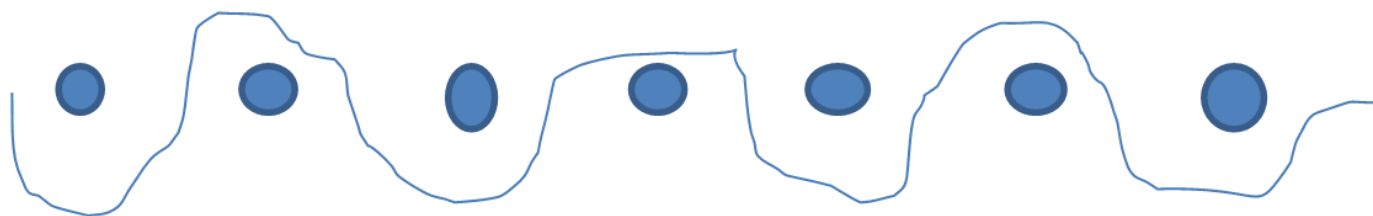


HACEMOS ZIGZAG ENTRE LOS CONOS TRES VECES

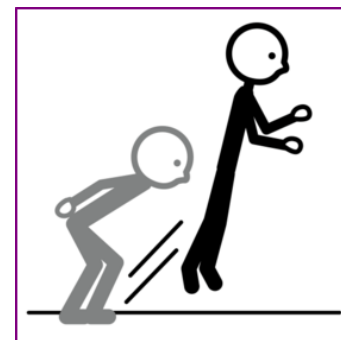
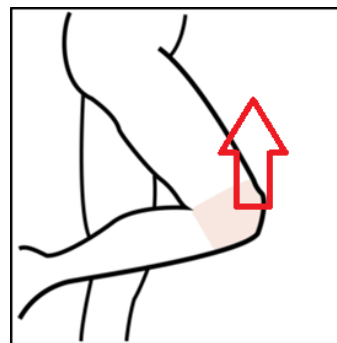
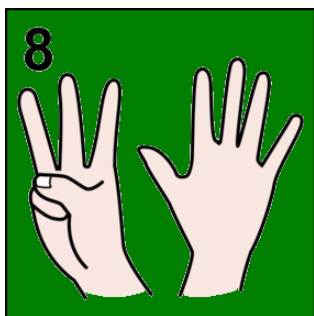
TOCAMOS EL CULETE DEL COMPAÑERO Y LO EMPUJAMOS COMO EL CARRITO DE LA COMPRA, CUATRO VECES DE PIVOTE A PIVOTE AZUL



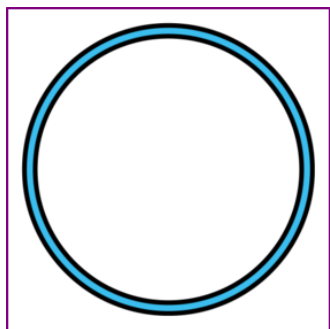
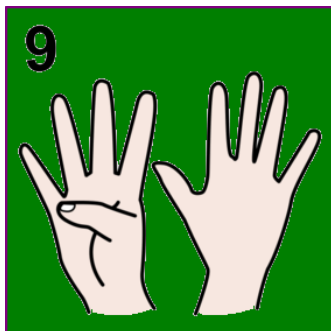
3



ABRIMOS Y CERRAMOS PIERNAS. DIBUJAMOS LIMONES CON LOS PIES TRES VECES

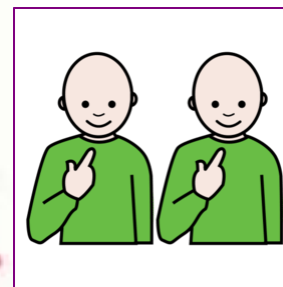
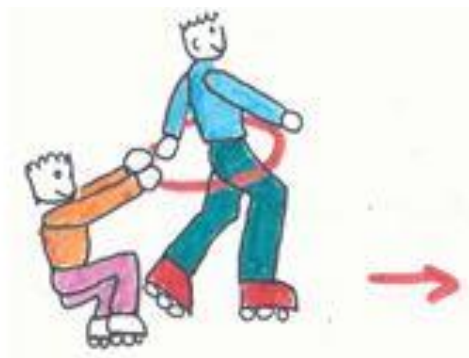
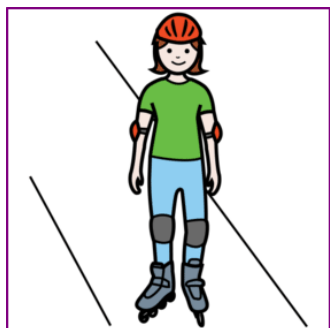
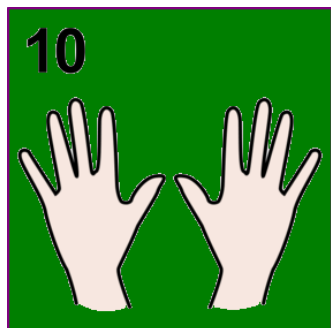


PATINO LEVANTANDO LOS PIES, CUENTO 1, 2, 3, 4 Y 5 Y SALTO

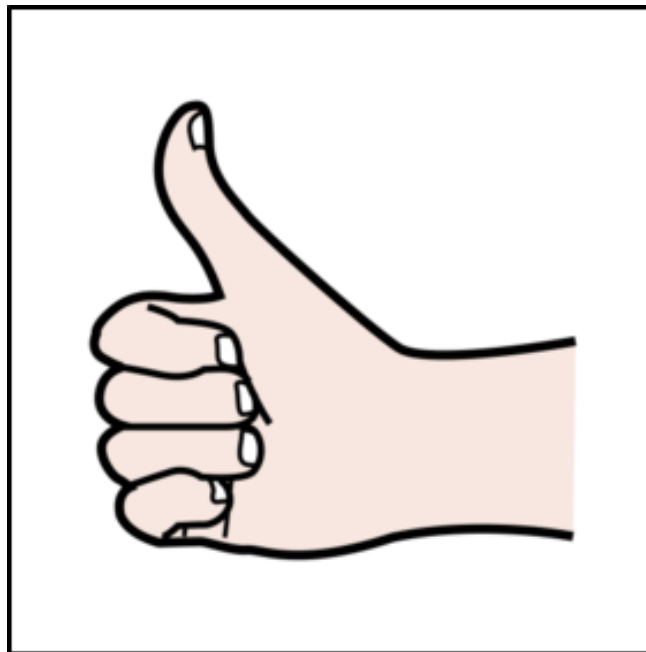


4

HAY QUE ENCESTAR EL ARO EN EL CONO 4 VECES



EL MONITOR SE METE DENTRO DEL ARO Y NOSOTROS NOS AGARRAMOS Y PATINAMOS



HE PATINADO MUY BIEN